

## **Information needed to review before procedures and injections.**

The following anti-inflammatory medications **MUST BE STOPPED** one day before having an epidural steroid injection. These medications may be restarted once the epidural has been performed.

### **Anti-inflammatories**

Advil, Motrin (Ibuprofen)  
Aleve (naproxen sodium)  
Arthrotec  
Celebrex (celecoxib)  
Feldene (piroxicam)  
Lodine (etodolac)  
Mobic (meloxicam)  
Naprosyn (naproxen)  
Relafen (naburnetone)  
Voltaren Gel (diclofenac sodium)

The following anti-inflammatory medications **MUST BE STOPPED** five to seven days before having an epidural steroid injection. These medications may be restarted after the epidural has been performed.

Aspirin  
BC Powders  
Excedrine Products (Migrane, PM, Extra Strength)

### **Blood Thinners**

The prescribing doctor must give written permission to stop any of the following medications **seven days** before an epidural injection.

Aggrenox  
Coumadin (warfarin sodium)  
Plavix (clopidogrel bisulfate)  
Ticlid (ticlopidine hydrochloride)  
Trental (pentoxifylline)

The prescribing doctor must give written permission to stop any of the following Medications **one day** prior to an epidural injection.

Heparin  
Lovenox (enoxaparin sodium)  
Pletal (cilostazol)

**Steroids may affect blood sugar- Diabetics check your blood sugar level frequently after receiving steroids. You may need to contact your PCP to adjust your diabetic Medication.**

**\* Please notify us if you have allergies to Shellfish, Iodine, Steroids or Latex.\***